



Post Treatment Instructions

In order to achieve the best results from your Hydrafacial treatment we ask that you read and understand the following instructions. Your Skin Care Specialist will review these instructions at the end of your treatment.

- Do not wash your face, shower or work out to produce sweat for at least 6 hours post peel. Water will reactivate the peel and drive it further into the skin
- No chemical peels, microdermabrasion or dermaplaning for 2 Weeks.
- May experience redness for 2-4 hours post treatment, but it will subside.
- May have flaking on the 2nd to 3rd day after treatment, and may last for 1-2 days. This is just additional dead skin cells that were released by the chemical peel. Do not pick at the peeling, except to remove the loose flakes.
- If unusual irritation persists more than 2 days, call our office for treatment.
- Cease use of Vitamin C, AHA.s, Glycolics and other chemical exfoliants for 2 days post treatment.
- Use sunscreen following treatment is mandatory! Please use a sunscreen for at least 5-7 days following your treatment as your skin is now more exposed and more susceptible for damage immediately following the treatment. Please refrain from prolonged direct sun exposure or tanning beds for 2 weeks.
- It's best to not put makeup on immediately following the treatment, but it is fine to wear the next day. Using mineral make-up is preferred.
- To achieve maximum results, ongoing treatments and a daily home skin program is recommended.

I understand and agree to comply with the above instructions. I also agree to contact the clinic with any further questions or if an adverse reaction occurs.



Skin Consult Questionnaire

1. What areas would you like to improve on your skin?
2. Do you smoke?
3. Any known allergies?
4. Do you have a tendency to keloid scar?
5. Do you suffer from claustrophobia or anxiety?
6. Do you use sunscreen daily? What is your sun exposure like?
7. Are you currently taking Accutane or a retinol product?
8. What is your diet like? Do you take any supplements?
9. What is your skin care routine?



Botox Consent Form

Purpose and Background

HydraFacial uses patented technology to cleanse, extract, and hydrate. Made with nourishing ingredients that create an instantly gratifying glow, our device delivers immediate and noticeable results. The universally beneficial treatments are safe for all faces and require no social downtime.

Treatment

The goal of HydraFacial™ MD is to deep cleanse and hydrate facial skin with improvement in skin tones and texture, acne breakouts and general skin health. Every individual is unique and it is very difficult to guarantee a specific number of treatments needed. Results vary with the individual and in the case of acne and sun damage depend on the amount of acne and compliance with recommended adjunctive measures and skincare. HydraFacial™ MD treatments are recommended every two to three months for optimal results and any time before special events.

Risks and Side Effects

Common side effects such as slight redness usually subside within a few hours after treatment. Uncommon side effects such as bruising, skin irritation and exacerbation of skin breakout can occur. Rarely, allergic reaction, pigment changes of freckles, moles or skin such as hypopigmentation (lightening) or hyperpigmentation (darkening) can occur and may resolve, but can be permanent. Scarring and textural changes are also rare side effects but can result from this procedure. There may be risks not yet known at this time. Side effects can worsened with sun exposure and daily use of a good quality SPF is very important and highly recommended.

Disclosure

HydraFacial™ MD treatments are not recommended if you are pregnant or breastfeeding, if you have an active infection at the site, if you are taking photosensitizing agents such as those mentioned in the HydraFacial™ MD Information and Treatment Instruction sheet, have an unwillingness to wear SPF products, history of light sensitive seizures and others mentioned in the information sheet. None of these conditions apply to me or if they do I realize I am at increased risk of side effects or complications. I will inform the laser technician, nurse or physician if my medical condition changes over the course of treatment. The risk of side effects increases with other medical conditions such as immunocompromised conditions (diabetes, HIV, being on immunosuppressants such as prednisone) that can be associated with poor skin healing and increased risk of infection. None of these conditions apply to me.



Alternatives to Treatment

There are other options for treatment including not having the procedure. I have been educated on the other facial services offered at Cloud 9 MedSpa including DMK Therapy.

Every person is unique and although good results are expected, it is impossible to guarantee.

I should call Cloud 9 MedSpa if I have any questions or concerns about my treatment.

Consent

I have read the HydraFacial™ Treatment Information and Instructions and have had an opportunity to ask questions about the procedures and treatment. I authorize the technician to perform the Hydrafacial™ MD on me. The cost of the procedure(s) has been discussed with me and I agree to pay this amount.

I have been informed about the treatment, procedure, indications, expected results and possible side effects. I understand that I am required to have photographs taken before, during and after treatment for my patient records. I am undergoing treatment of my own free will.

I agree that this procedure is being performed for cosmetic reasons. I am also aware of and accept the risk of unforeseen complications that may not have been discussed and which may result from this treatment. Additionally, I recognize that Cloud 9 MedSpa cannot be responsible for any damage as well as results that are not to my highest satisfaction. The clinic will be held free of any and all liability.

I acknowledge my obligation to follow the instructions closely and visit the office as directed. I certify that I have read the above consent agreement and fully understand it. These items have been reviewed and discussed with the provider and all my questions have been answered to my satisfaction.